

Spring Flowers

Designed by Stephanie De Pasquale-Soebbing

15" x 40"

www.quiltaddictsanonymous.com

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If you would like to teach this pattern in a class, please ask your students to visit my website and download the pattern themselves. Thank you.

Materials

5 fat quarters in bright colors or prints

1 ½ yards white or tone on tone white or tone on tone print

Cutting

Cut 2 (3") strips from each fat quarter. Set remaining fabric aside for applique.

Cut 4 (3" by WOF) strips from the white or tone on tone print.

Cut 3 (7 ½" square) blocks from the white or tone on tone print. Set aside.

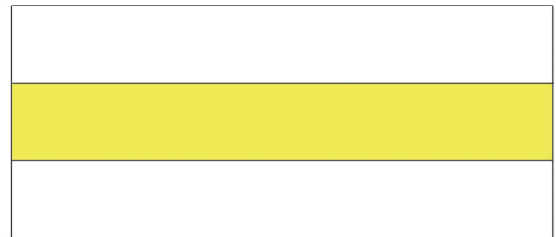
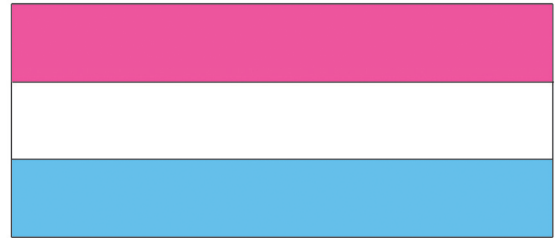
Cut 3 (2 ¼" by WOF) strips from the white or tone on tone print for the binding. Set aside.

Unit Assembly

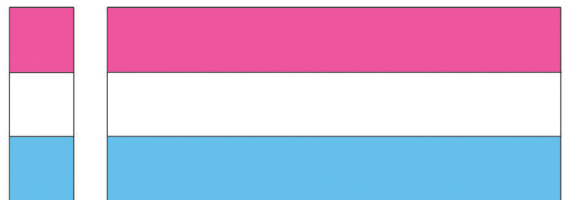
1. Cut 3" white strips in half lengthwise so the strips are the same length as the ones cut from the fat quarters.

2. Strip piece the 3" fabric strips together in sets of three so that you have two sets of blocks with the colored fat quarters on the outside and the white in the middle and one set with the white strips on the outside and the colored fabric in the middle. Always use the

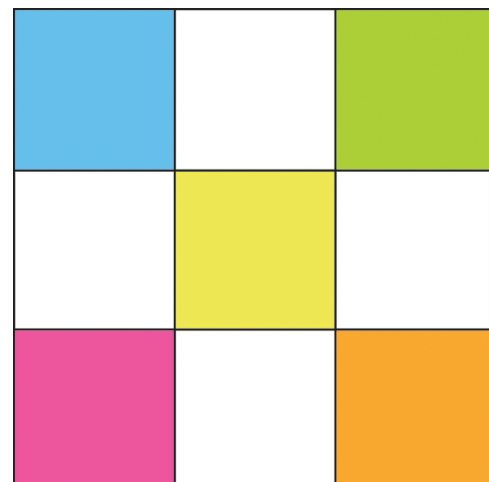
same fabric for the middle print. Press the fabric so the seams are underneath the color prints.



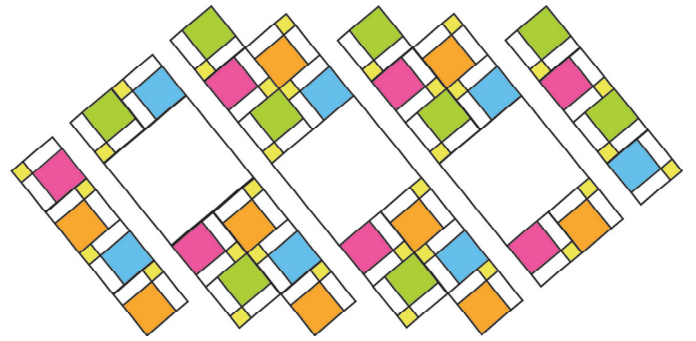
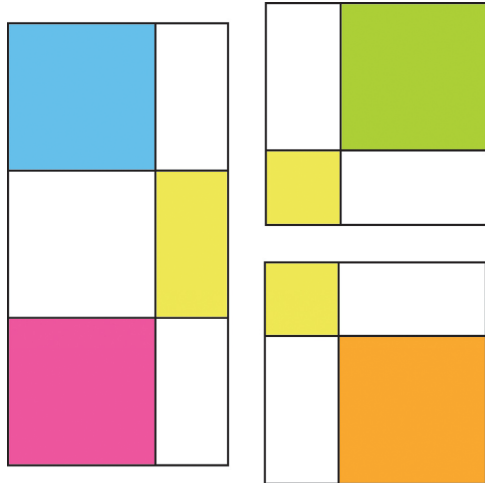
3. From each strip set, cut 9 (3" by 8") units.



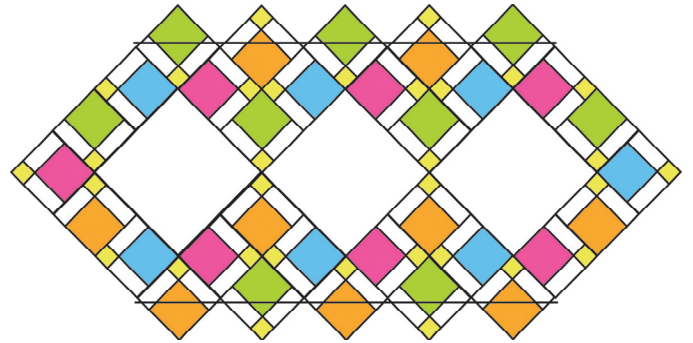
4. Sew the strip-pieced units together to form a nine patch block.



5. Cut the nine patch in half length- and width-wise to create 36 (4") split nine patch units



2. Use a pencil to mark a line in the seam line of the long edges. Stay stitch along the line and then trim the long edges even.



Applique

1. For the flower stems, cut 3 (1" by 5") strips on the bias. Use a bias tape maker to turn it into single fold bias tape.
2. Applique bias stem in place by machine or by hand.
3. Using your preferred method, applique flower and leaves in place.
4. Optional: Outline the edges of the applique with a blanket stitch.

Quilt Assembly

1. Assemble the table runner as shown in the next column.

Finishing

1. From the remaining white or tone on tone print, cut a 20" x WOF piece for the backing.
2. Layer the backing with a piece of batting cut to the same size.
3. Quilt as desired.
4. Join the 2 ¼" by WOF white or tone on tone strips for binding. Fold in half lengthwise. Sew binding to quilt.



